Trempealeau County 20\_\_\_\_

**Flag Pledges**

Explorer

**Record Book
Draw a picture of a 4-H clover in the blank space above.**

**The American Flag Pledge:**

“I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.”

(When repeating the pledge, your right hand should be placed over your heart which is on the left side.)

* Hats should be removed from your head

**The National 4-H Pledge:**



I Pledge:



*(Right hand point*

 *to forehead)*

**My Head** to clearer thinking



*(Right hand over heart)*

**My Heart** to Greater loyalty

**My Hands** to larger service, and

*(Arms slightly bent with*

*palms up)*

**My Health** to better living for my club,

*(Arms at*

 *sides)*

My community, my country, and my world.

The 4-H Emblem is:

A green four-leaf clover with the letter "H" on each leaf is the emblem. Each "H" stands for a part of the pledge -

 Head,

 Heart,

 Hands,

 Health

The 4-H Colors Are:

Green and White.

Green symbolizes nature's most common color. White symbolizes purity.

The 4-H Motto is:

"To Make The Best Better"

This motto challenges everyone involved in 4-H to do the very best job they can.

You Are A 4-H Explorer!

An Explorer is a 1st year member or in the  *2nd grade. The exploring project gives the new member the opportunity to sample a variety of projects during the year.*

Please include a picture of yourself below (Hint: you can take a picture with a camera, draw a picture of yourself, use a picture you already have, or use something else you create)

|  |  |
| --- | --- |
| **Name:** |  |
| **4-H Club:** |  |
| **Grade Completed in School:** |  | **4-H Year:** |  |

This booklet is meant to help you keep track of all things you have worked on as an Explorer.

 **Explorer Activity Record**

Check the activities **you** participated in.

**Club Activities:**

 \_\_\_\_\_ Club Tour Participant

 \_\_\_\_\_ Committee Member with parent

 \_\_\_\_\_ Community Service

 \_\_\_\_\_ Conservation/Environment

 \_\_\_\_\_ Dairy Promotion

 \_\_\_\_\_ Demonstration, short speech, or talk @ club meeting

 \_\_\_\_\_ Health/Safety

 \_\_\_\_\_ Pledge of Allegiance

 \_\_\_\_\_ 4-H Pledge Leader for Club Meeting

 \_\_\_\_\_ Picnic/Pot Luck

 \_\_\_\_\_ Recreation

 \_\_\_\_\_ 4-H Week Activities (display/radio/newspaper)

 \_\_\_\_\_ Other (list)

 **County Activities:**

 \_\_\_\_\_ Foods Revue

 \_\_\_\_\_ Clover College

\_\_\_\_\_ Festival of Arts: music, drama, demonstration, speaking, arts & crafts, photography (circle participation)

 \_\_\_\_\_\_Ambassador Easter Egg Hunt & Coloring Book Contest

 \_\_\_\_\_ 4-H Softball

 \_\_\_\_\_ June Dairy Month Promotion

 \_\_\_\_\_ County Camp ( Camp Kinnissippewa)

 \_\_\_\_\_ Helped at Fair Clean up

 \_\_\_\_\_ Worked in the Food Stand or Building Monitor

 \_\_\_\_\_ Exhibited at Fair

 \_\_\_\_\_ Attended 4-H Countywide Picnic

 \_\_\_\_\_\_State Fair Participant

\_\_\_\_\_ Ambassador Halloween Party

\_\_\_\_\_ Other (list)

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**My Project Page**

Use one page per project. Duplicate page as needed. In the box below, place a photo, draw a picture, cut out a magazine picture/clip art, use stickers, or any way you choose to show the 4-H project(s) you brought to the fair. Then, work with the adult(s) who helped you with your project to answer the questions at the bottom

# Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What did **you** do during the project?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Parent, Guardian, or other Caring Adult**, how did you help with the project?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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# Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What did **you** do during the project?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Parent, Guardian, or other Caring Adult**, how did you help with the project?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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# Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What did **you** do during the project?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Parent, Guardian, or other Caring Adult**, how did you help with the project?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Draw a Picture about**

**4-H and You!**

**This page is optional.**

**My 4-H Explorer Story**

 **My name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. This is my \_\_\_\_\_\_\_\_ year as an Explorer. I have done Explorer activities like \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**I also went to \_\_\_\_\_\_\_\_ regular 4-H club meetings.**

 **This year, my favorite thing to do at 4-H was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I liked it because \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

 **My favorite project I showed at the fair was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. When I was working on my project, the hardest thing was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I learned about \_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when I worked on my project.**

**Parent Comments:**

|  |
| --- |
|  |
|  |
|  |

**Parent/Guardian Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:\_\_\_\_\_\_\_**

My 4-H Explorer Story

(optional)

Tell us what you liked about being in 4-H. What was your favorite thing?

4-H Explorer Additional Information Material

Put clippings and pictures and other items of different 4-H activities you participated in here. (Add additional pages if needed).

My 4-H Club

What is a 4-H Club? A 4-H club is a group of people in your area that meet once month to learn about 4-H, work together, and plan 4-H activities. A 4-H club has an adult leader who tells you about the events and activities happening in your club and county.

My club name is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My club meets on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (day of the month)

Our club meeting location is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My club officers are (get their signatures):

 President: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Vice President: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Secretary: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Treasurer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Reporter: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Other Officers:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My Explorer leader(s) are (get their signatures):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

My club’s organizational leader is (get signature):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Our 4-H Youth Development Agent is :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_