

Trempealeau County 20_____

Explorer Record Book

Draw a picture of a 4-H clover in the blank space above.

Flag Pledges



The American Flag Pledge:

"I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all."

(When repeating the pledge, your right hand should be placed over your heart which is on the left side.)

- *Hats should be removed from your head*

The National 4-H Pledge:

I Pledge:

My Head to clearer thinking

My Heart to Greater loyalty

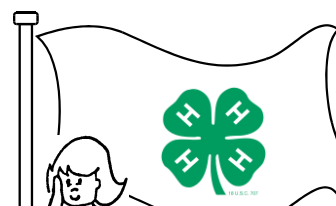
My Hands to larger service, and

My Health to better living for my club,
My community, my country, and my world.

*(Right hand
over heart)*



*(Arms at
sides)*



*(Right hand point
to forehead)*



*(Arms slightly
bent with
palms up)*

The 4-H Emblem is:

A green four-leaf clover with the letter "H" on each leaf is the emblem.
Each "H" stands for a part of the pledge -

Head,
Heart,
Hands,
Health



The 4-H Motto is:

"To Make The Best Better"

This motto challenges everyone involved in 4-H to do the very best job they can.

The 4-H Colors Are:

Green and White.
Green symbolizes nature's most common color. White symbolizes purity.

You Are A 4-H Explorer!

An Explorer is a 1st year member or in the 2nd grade. *The exploring project gives the new member the opportunity to sample a variety of projects during the year.*

Please include a picture of yourself below (Hint: you can take a picture with a camera, draw a picture of yourself, use a picture you already have, or use something else you create)

Name: _____

4-H Club: _____

Grade Completed

in School: _____ **4-H Year:** _____

This booklet is meant to help you keep track of all things you have worked on as an Explorer.

Explorer Activity Record

*Check the activities **you** participated in.*

Club Activities:

- _____ Club Tour Participant
- _____ Committee Member with parent
- _____ Community Service
- _____ Conservation/Environment
- _____ Dairy Promotion
- _____ Demonstration, short speech, or talk @ club meeting
- _____ Health/Safety
- _____ Pledge of Allegiance
- _____ 4-H Pledge Leader for Club Meeting
- _____ Picnic/Pot Luck
- _____ Recreation
- _____ 4-H Week Activities (display/radio/newspaper)
- _____ Other (list) _____

County Activities:

- _____ Foods Revue
- _____ Clover College
- _____ Festival of Arts: music, drama, demonstration,
speaking, arts & crafts, photography (circle participation)
- _____ Ambassador Easter Egg Hunt & Coloring Book Contest
- _____ 4-H Softball
- _____ June Dairy Month Promotion
- _____ County Camp (Camp Kinnissippewa)
- _____ Helped at Fair Clean up
- _____ Worked in the Food Stand or Building Monitor
- _____ Exhibited at Fair
- _____ Attended 4-H Countywide Picnic
- _____ State Fair Participant
- _____ Ambassador Halloween Party
- _____ Other (list) _____

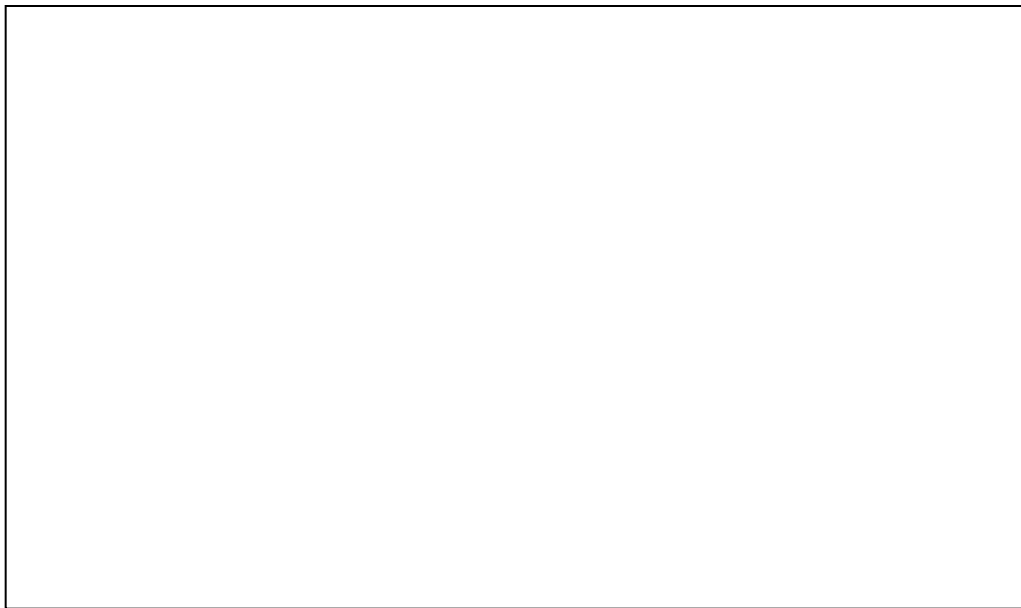


My Project Page



Use one page per project. Duplicate page as needed. In the box below, place a photo, draw a picture, cut out a magazine picture/clip art, use stickers, or any way you choose to show the 4-H project(s) you brought to the fair. Then, work with the adult(s) who helped you with your project to answer the questions at the bottom

Date: _____



What did **you** do during the project?

Parent, Guardian, or other Caring Adult, how did you help with the project?

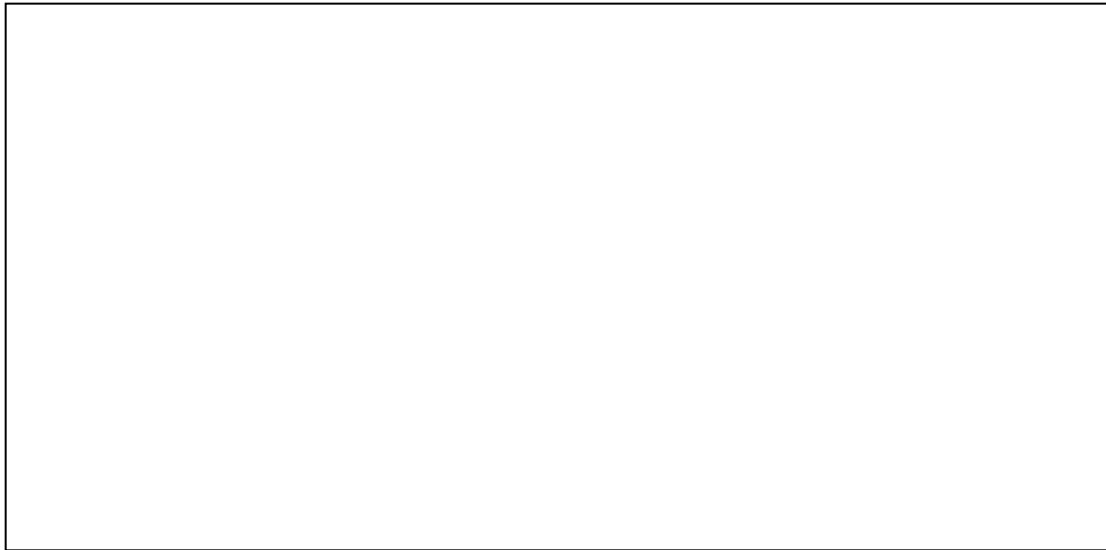


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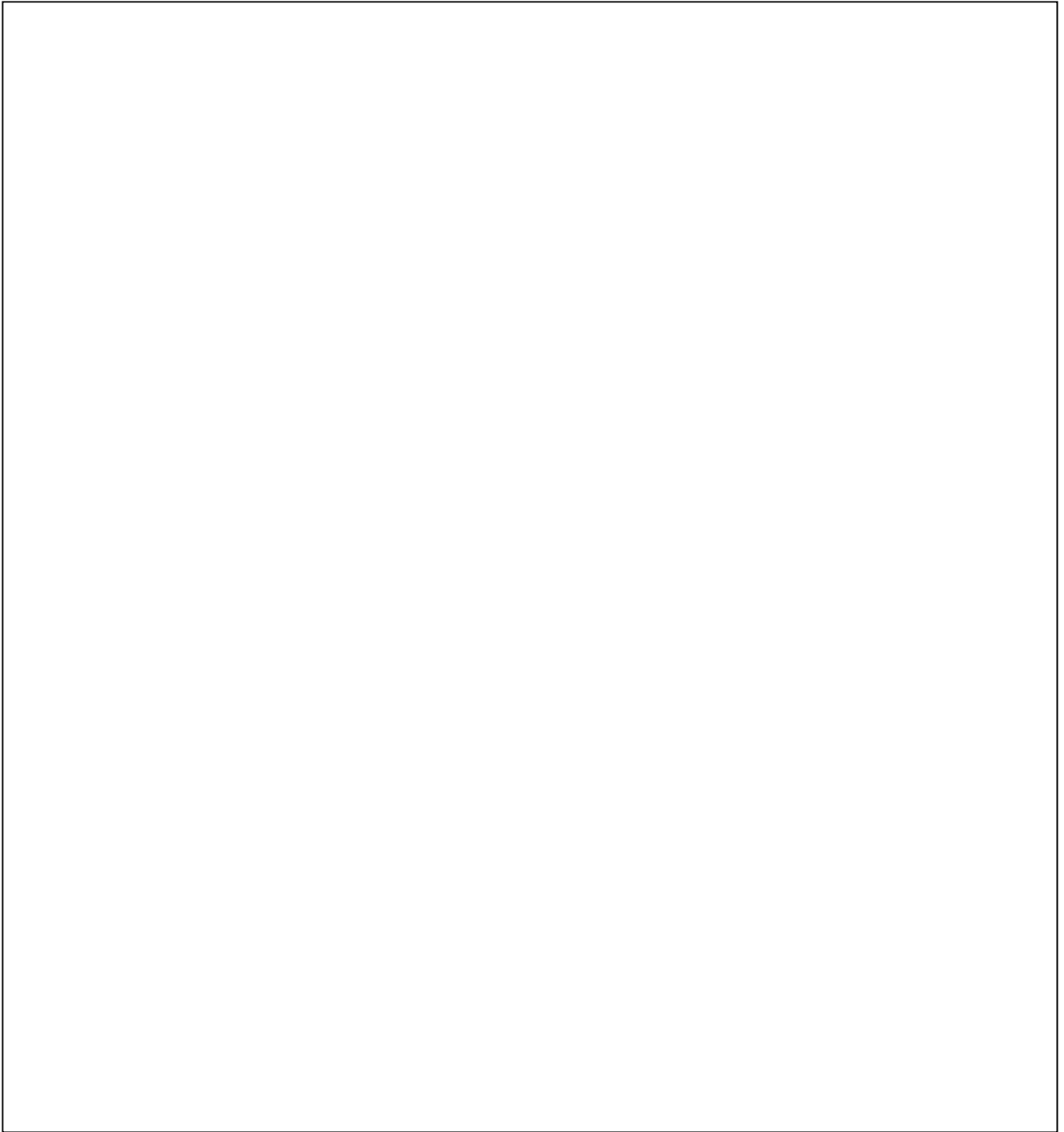
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Draw a Picture about 4-H and You!



This page is optional.

My 4-H Explorer Story

My name is _____ . This is my _____ year
as an Explorer. I have done Explorer activities like _____
and _____ .

I also went to _____ regular 4-H club meetings.

This year, my favorite thing to do at 4-H was _____
_____. I liked it because
_____ .

My favorite project I showed at the fair was _____
_____. When I was working on my project, the hardest
thing was _____
_____. I learned about _____
_____ when I worked on my project.

Parent Comments:

Parent/Guardian Signature: _____ Date: _____

4-H Explorer Additional Information Material

Put clippings and pictures and other items of different 4-H activities you participated in here. (Add additional pages if needed).

My 4-H Club

What is a 4-H Club? A 4-H club is a group of people in your area that meet once month to learn about 4-H, work together, and plan 4-H activities. A 4-H club has an adult leader who tells you about the events and activities happening in your club and county.

My club name is _____

My club meets on _____ (day of the month)

Our club meeting location is _____

My club officers are (get their signatures):

President: _____

Vice President: _____

Secretary: _____

Treasurer: _____

Reporter: _____

Other Officers: _____

My Explorer leader(s) are (get their signatures): _____

My club's organizational leader is (get signature): _____

Our 4-H Youth Development Agent is : _____