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| **Trempealeau County Food Pantries-Free Food for People in Need**  **Please note that some pantries distribute food only to people living in their school district. You may need proof of residency such as a piece of mail with your name on it. Other pantries ask for a small donation for a generous amount of food and are open to everyone. Call the phone number listed for more information about a specific pantry.** | | | |
| **Program** | **Address** | **Phone** | **Eligibility/Hours** |
| Trempealeau County Food Pantry & TEFAP Commodity Distribution | Trempealeau County Care Center  W20410 State Road 121  Whitehall, WI 54773  Please go to the old building and use the West side parking lot.  Mailing address  PO 446  Whitehall WI 54773  <https://www.dhs.wisconsin.gov/nutrition/tefap/eligibility.htm> | 715-200-1649 or 715-538-2397. Callers should leave a message indicating they are calling for the Trempealeau County Food Pantry**.** | 3rd Saturday, 1-5 p.m.  A form of ID for each household member, proof of address and self-declared income within eligibility guidelines. Open to all residents in Trempealeau County.  Please bring 2 boxes or baskets. |
| OLPH Mission Food Pantry in Arcadia | Mission Thrift Store located next to the  Arcadia Historical Society on County J  411 S Washington St.  Arcadia WI 54612  <https://www.holyfam.com> | 608-323-7116  church office or in emergency 608-323-8462 | By appointment- please call the Holy Family Catholic church office. |
| Arcadia CommUNITY Pantry | Bethel Lutheran Church  N29280 Loesel Ln, Arcadia, WI 54612  One mile north of the Arcadia Kwik Trip on Hwy 93 | 608-323-7116  church office for Holy Family Church | 4th Thursday  3:30-4:30  Bring a basket or box. Please call for dates in Nov. and Dec. |
| Blair Food Pantry | Blair Lutheran Church  126 S. Peterson Ave.  Blair WI 54616  <https://www.facebook.com/>  Blair Lutheran | 608-989-2818 | 2nd Friday, 10 a.m.-12 p.m.  4th Thursday 4-6 p.m.  We will require proof of ID and a proof of address such as a current Wisconsin ID or driver’s license or other current proof such as a utility bill if the ID/driver’s license is not up-to-date.  Open to anyone with a Blair or Ettrick address. |
| “Come for Supper”  Ettrick Community Dinner | Living Hope Lutheran Church,  15630 E 4th St,  Ettrick 54627 | 608-525-3454  church | Come For Supper is on the 3rd Sunday evening of the month from  5-6:30 p.m. in our Parish Center.  All are welcome with no qualifications. Free.  A food distribution is available at the same time. |
| The Food Basket  Trempealeau, Onalaska, Holmen, and French Island | P.O. Box 311  735 Sand Lake Road  Onalaska, WI 54650  Map at https://networks.whyhunger.org/organization/view/13309 | 608-783-7722 | Monday 3:30-5:30  Tuesday, 9- 11 a.m.  Wed 9-11 a.m. and 2-4 p.m.  Thurs. 9-11 a.m. Show proof of residence. Driver license or utility bill. |
| G-E-T Community Food Pantry | First Presbyterian Church  20237 West Ridge Ave  Galesville WI 54360 | 608-582-2991  church | All Wednesdays 9:30-11:30 a.m. also the last Wednesday of month there are evening hours 5:30-7 p.m.  Provide proof of residency  in G-E-T School District |
| Independence Food Pantry | Independence City Hall  23688 Adams St  Independence WI 54747  http://www.independencewi.org/city-services.html | 715-985-3055 | Monday-Thursday 8-4:30  Closed 12:20 to 1:30  Residents of Independence can use 8 times annually. |
| Tri-County Osseo Food Pantry | Osseo Rural Fire Dept.  50965 Industrial Road • Osseo, WI 54758 | 715-597-3213  church office | 3rd Saturday of every month  10-11 a.m.  Residents of Osseo Fairchild School |
| Table of Friendship Community Meal | Osseo Lutheran Church  50351 Harmony St  Osseo 54758 | 715-597-3213 | 2nd Wed of the month  5-6 PM  Free |
| Ruby’s Pantry in Osseo | United Church of Christ Osseo, WI corner of Hwy 10 and Main St.  Osseo WI 54758  http://www.oelc.org/community-happenings.html | 715-597-2485 | 2nd Tuesday of each month  4:30-6 p.m.  $20 Cash donation.  Bring 2 plastic totes or boxes for food.  No income requirements or limitations.  Anyone may come. |
| Strum Area Food Pantry | Immanuel Lutheran Church  109 Elm St  Strum WI 54770  [ilc@triwest.net](mailto:ilc@triwest.net)  http://www.immanuel-strum.com/food-programs.html | 715-695-3511 | Strum Area Food Pantry  1st Saturday of each month  9-11 a.m.  Fellowship hall (lower level)  Open to residents living in the  Eleva-Strum School District |
| Whitehall Food Pantry | Housed at Our Savior’s Lutheran Church in the Sunday School Building at  36197 Main St  Whitehall, WI 54773  Mailing address: PO Box 476  Whitehall WI 54773 | 715-538-4997 | Last Wednesday of the month  11:30 to 1 p.m.  Open to residents of  Whitehall School District |
| Food Distribution  Between Pigeon Falls and Whitehall | Reaching Out Ministry Center  W15822 Simonson Rd,  Whitehall WI 54773  Between Pigeon Falls and Whitehall  http://reachingoutministry.wixsite.com/whitehallwi | Pastor Allen:  715-896-0604  Greg:  608-863-0423 | $10 donation  1st and 3rd Thursday 10-12 p.m.  2nd, 4th and 5th Thursday 4-6 p.m.  No income limits.  Helping families and helping food budget stretch. |

Updated 7-1-2019

Food Share: To apply or complete a review for Food Share, Medicaid, Badger Care Plus, or Child Care Assistance, to report changes, or with questions, please call The Western Region for Economic Assistance Consortium 1-888-627-0430 or you may apply for benefits, report changes and complete reviews online at: access.wisconsin.gov