

Harvest of the Month



2025-2026



JULY: PEPPERS



AUGUST: CUCUMBERS



SEPTEMBER: CORN



OCTOBER: APPLES



NOVEMBER: CRANBERRIES



DECEMBER: WINTER SQUASH



FOOD WISE
Healthy choices, healthy lives.

UW-MADISON EXTENSION



JANUARY: BEETS



FEBRUARY: HERBS



MARCH: RED LEAF LETTUCE



APRIL: RADISH



MAY: ASPARAGUS



JUNE: STRAWBERRIES



SCAN ME



For more information and recipes visit:

<https://trempealeau.extension.wisc.edu/nutrition/education/harvestofthemoth>